

What I share in **PRE** - Marriage counseling

What if I do **NOT Want** sex ?

1 Cor. 7:3-5 The husband should fulfill **his marital DUTY** to his wife, and likewise the wife to her husband.

⁴The wife's **body** does **not belong to her alone** but also to her husband.

In the same way, the husband's **body** does **not belong to him alone** but also to his wife.

⁵Do **NOT deprive** each other except by mutual consent and for a time, so that you may devote yourselves to prayer.

Then come together again so that **Satan** will not **tempt** you because of your lack of self-control.

1. **Sex is a GIFT** to your **mate** - Feeding your kids.



➤ Sex is to give **THEM** - P_____ Power, P_____, P_____ & P_____

1 Cor. 7:5, 33,34, Song of Solomon Prov. 5:18-19,

➤ **Inner healing / Break Soul Ties / Stress**

➤ **You do NOT** have to have **orgasm** – serve your mate.

➤ Is it **EVER OK** to **WITHHOLD?** - *Physical issues or considering Divorce?*

2. **Study** the **BOOKS.**

1. The Act of Marriage by Tim and Beverly LaHaye
2. Intended for Pleasure by Dr. Ed Wheat
3. The Gift of Sex by Ralph and Joyce Penner
4. Sheet Music by Dr. Kevin Leman



3. **TIPS**



a. **EXPLAIN** your **body** to your **mate**

i. Male physical need – adrenalin (*Angry bees*)

ii. Female physical need for Gentleness

lay on stomach 1 Cor. 7:34, 1 Thess. 2:7, Eph. 5:28

b. **ONLY** do what you are **COMFORTABLE.**

c. **TIME** Constraints / **KID** interruptions –

Disciplined kids / Dressed to dressed in 3 minutes

d. Who **INITIATES?** → Personality Gifts series – DISC