

*"Speaking w/
AUTHORITY"* **is**

1. **God's Words**
2. **Spoken out loud**
3. **Engaging my Mind**
4. **Changing my Life !**

*"Speaking with
AUTHORITY"* **Begins**



**with learning
to Command
my
Own Soul!**
Titus 2:11-13

*"Speaking with
AUTHORITY"* **Daily**

1. We all have LOTS of TIME - Hook a Habit with a Habit *Da. 12:4, Eph. 5:15-16*

Exercise time

Commute Time

Bathroom Time

2. Engage my Mind on God's Word!

A. Spirit, Soul and Body

John 6:63

B. Pace, Flexibility & Structure

Ps. 1

**C. Healing effect of
Weight Lifting**

Biggest Deception

Is. 26:3, Rom. 8:5-6

D. Physical Rhythms

E. First Part of the Day!

**F. Power of Speaking
God's Word out loud**

