

1. Silent Retreat

<http://www.ignatiushouse.org/schedule.html#silent>

2. Silent on an Individual Personal issue

To get PAST things or To WAIT for things.

3. Media Silence *last weekend with Bishop*

4. Silence on Talking about your SELF



According to Richard Foster in Celebration of Discipline

**“LONELINESS** is inner **EMPTINESS**. **SOLITUDE** is inner **FULLFILLMENT**.”

Dallas Willard, in Hearing God,

*“Silence means to eliminate noise, including the noise of our own mouth. It further frees us to move into the life that is eternal. Our world is wordy and noisy and pause-less. In our world-system there is no rest for our souls. Solitude and silence allow God to reoccupy the places in our lives where only HE belongs.”*

Ps. 39:2-4 But when I was

**Silent** and still, not even saying anything good,

1 my **Anguish Increased**.

2 My **Heart** grew **Hot** within me,

3 and as I **Meditated**,

4 the **Fire Burned**;

then I spoke with my tongue:

**“Show me, O LORD, my life’s END**  
and the **Number** of my days;  
let me know how **Fleeting** is my life

1 Kgs 19:12 still small voice  
*NIV* a gentle whisper

Is. 53:7 He was oppressed and afflicted, yet he did **Not Open his Mouth**; he was led like a lamb to the slaughter, and as a sheep before her shearers is **SILENT**, so he did **Not Open his Mouth**.